

# Snow News IS Good News

Newsletter of the Nooksack Nordic Ski Club

P.O. Box 28793, Bellingham, WA 98228  
Website: [www.Nooksacknordicskiclub.org](http://www.Nooksacknordicskiclub.org)



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Pete Tryon

**FEBRUARY 2023**



**Club Meeting – Meet with NNSC on  
Zoom!**

**When** – Tuesday February 14th

**Check your email or the NNSC website for  
details and an invitation.**

<http://www.nooksacknordicskiclub.org/meetings/>

Meeting starts at 7:00 PM.

**Who** - Anyone is welcome!

**Visit Our Website for the Latest Information: [www.nooksacknordicskiclub.org](http://www.nooksacknordicskiclub.org)**

## MONTHLY MEMBERSHIP MEETING

**Tuesday, February 14,  
2023: 7:00 PM**

Apologies for the security breach at last month's meeting. That was a new experience for all of us and it took us by surprise. (We were invaded by 3 foul-mouthed, non-cross-country skiing trolls.) We think we have learned from the experience and do not expect a repeat performance.

Three-part meeting – join a panel of club members to discuss:

1) What we have just learned about the new liquid glide waxes. Performance similar to traditional glide wax, but without the ironing and scraping. Could this be the way to wax our skis in a hotel room?

2) A \*brief\* discussion of the different types of cross-country skis, where you can shop for them, why you might want one type over another and what to look for as you shop. (a carry-over from last month)

3) A look at the non-groomed trails of our local sno-park and how and why you might access them.

After the presentation, there will be an opportunity to ask questions, chat, and to find out a bit more about our club. Everyone is welcome (except for rude trolls)!

The meeting is by Zoom – we'll open Zoom at 6:45 to give you a chance to get connected, check your

settings, and maybe chat a little before 7:00. To receive a Zoom link, follow the instructions on the club's meeting page:

<https://www.nooksacknordic.skiclub.org/meetings/>



**PETE TRYON**

### REPORT FROM THE TREASURER

Last month the treasurer reported to the board that an anonymous donor made a very significant financial donation to the club. It is truly anonymous – but we appreciate it! We promise to use it to further the support of cross-country skiing in Whatcom County. Thank you!

**PETE TRYON**

### FAST SKIS

If you are looking for fast skis, Coast Outdoors <https://www.coastoutdoors.ca/> in North Vancouver 1½ hours north carries a full range of classic and skate gear for racing and light touring (skiing in tracks or groomed trails). Their selection for beginners is limited, but such equipment is available in Bellingham. They also carry a huge selection of waxes (both glide and kick) and waxing gear.

**Coast Outdoors**  
352 Lynn Ave.  
North Vancouver  
(604) 987-2202



**MARK SMITH**

### TUESDAY NIGHT RACE SERIES AT CYPRESS MOUNTAIN

Coast Outdoors sponsors a race series held at the <https://www.coastoutdoors.ca/blogs/events/xc-tnr-2023/> Cypress Nordic Area every Tuesday night. Races are 5.5 km and start at 7:00 pm. The series runs for 10 races thru March 7. You must register (\$40 for all races or \$5/race) at Coast Outdoors before the race. There is no on-site registration. Everyone is welcome – beginner to experienced racer. I was told that the main reason for the race is to enjoy a burger and beer after the race.

**MARK SMITH**

**FIS NORDIC U/23  
JUNIOR WORLD SKI  
CHAMPIONSHIP  
JAN 27 TO FEB 5  
WHISTLER OLYMPIC  
PARK**

The FIS Nordic Junior World Ski Championships

<https://www.wjc2023.ca/>

are coming to Whistler next week. With teams from 35 nations competing, this is the largest Nordic event to be hosted at the Olympic venue since the 2010 winter games. Go and watch, but they also need volunteers!

<https://www.wjc2023.ca/volunteers/> )

It's an opportunity to watch exciting racing (and ski jumping – they have Nordic combined) and maybe even earn a slick jacket if you volunteer for 4 days.

**MARK SMITH**

**A QUICK DAY TRIP TO  
HOLLYBURN / CYPRESS  
SKI AREA**

A couple friends, Austin Garner and Ellen Brooks and I left at 7:30am on a Sunday morning for a quick jaunt across the border to check out the Hollyburn ski area at Cypress Mountain in Canada. We were across the border in less than 15 minutes and started our ski shortly after 9:15am. The ski area opens at 9, and I would recommend getting there early. There were lots of folks from Vancouver, and I imagine both the parking lots and the trails get more crowded later in the day, especially on weekends.

There was excellent snow coverage, a bit of powder on a firm base but no fresh corduroy. There were, however, good classic tracks, and the snow had a good glide on skate skis. I would characterize the trails as hilly, but with plenty of beginner-friendly routes to choose from.

We wished we had NEXUS passes for the border crossing back into the U.S. (that took us about an hour), but all said and done we were home again by 3:30 after a couple of hours of very fun and satisfying skiing. I would certainly go again and would recommend it as a local alternative to our Sno-park while we're waiting for more snow.

**SARAH WYMAN**

**CHINA RIDGE**

Have you been there? If not, you're missing out! Located only 8 km above Princeton, BC it offers 40km of beautiful rolling terrain for all levels of skiers, beginner to advanced. It's best suited for classic skiing, but 2 trails (China Loop and Ridge) are wide enough to skate ski. It has a day lodge near the parking lot, 1 cabin and 3 shelters all with wood fired stoves. It's groomed regularly (twice in the 3 days we were there) and we went midweek! How good is it? The Chilean Junior came to practice there! Check out the 2010 trail, that was added for the Olympic teams to practice before the 2010 Olympics in

Vancouver. Looking for something easier? Check out China Loop and Little Loop or the 5km of groomed trails around the airport. And they have 15 km of snowshoe trails and 15 km of dog trails. My advice: 3 days is ideal. Get up early, from the Sumas border crossing, you can be on the trails within 3 ½ hours so you can get in a good half day ski, a full day the next day, and half a day on the third day before heading home.

Elevation: About 1000m

Be sure to bring your amber glasses as fog frequently blankets the area. If your one of the lucky ones and the fog clears, you'll find yourself looking over the tops of a beautiful, rolling hillsides with frosted trees. It's really a gorgeous setting. You may see some interesting wildlife too. We saw grouse, and numerous tracks for deer, elk, moose, cougar, bobcats, and more. So take a picture of them and pack your animal tracks book to see if you can identify the animals sharing the trails. When we were there, it looked like there was an animal jamboree dancing on top the freshly groomed trails.

Trail fees are \$10-\$15 (suggested donation). Accommodations are plentiful, whether you want to stay at a motel, Airbnb, or take a sleeping bag, ski in and rent a rustic cabin there for only \$15/night. Though

small, Princeton provides a good grocery store and liquor stores for anything you may need. And the natives are friendly! We met Charlotte Sellars (far left) on International Woman's Day, March 8<sup>th</sup>, 2019.



**Charlotte Sellars, Nancy Hart and Gail Garman**

She led us on one heck of a long ski on K-9 to Kayne 9, Lind Burn Run and Lind Burn Loop to Bob's Cabin. Then back south via Ridge Trail, Harker's Loop and up (way up!) Harker's Run (herring boning) up over the Chilcoot pass! (3759') Not easily done!

Don't miss out! Ski trails last into late March or early April. Check out their website at: [Home | China Ridge Trails](#) or check trail conditions at: [China Ridge Trails | Facebook](#)

If you can't get there this winter, go check it out with your bike during the summer.

**GAIL GARMAN**

## AN INVITATION

As trip coordinator I have had to deal with the sad fact that the Nooksack Nordic Ski Club has not offered ski trips since the start of the Covid Epidemic. As the epidemic has not abated, that policy has not changed. We can continue to ski with others, just not on a club trip.

Last season I soloed the cross-country trails of Idaho and Montana. I had a great time. I have planned a trip to Vernon, B.C. on the nights of February 6,7,8, 9. The trails of Silver Star and Salmon Arm need three days to explore. If you are willing to pay for fuel and share the housing costs and don't object to a 73-year-old male skier of modest ability, we might have a ski vacation together.

This is how we do trips now, so cheer up and go to [meetup@nooksacknordics.kiclub.org](mailto:meetup@nooksacknordics.kiclub.org) to connect with other local skiers. A recent Covid test is encouraged.

**KURT DUEY**

## FUTURE MEETINGS

March 14



# Nooksack Nordic Ski Club Membership Application and SnoPark Order Form

Use this form to purchase SnoPark permits, join the club or renew your membership. Sign and mail to the club with your check. Or, bring it to the next meeting.

Name(s): \_\_\_\_\_

Address: \_\_\_\_\_  
Street/PO Box City State Zip

Phone 1: \_\_\_\_\_ (Home, Cell, Work) Phone 2: \_\_\_\_\_ (H, C, W)

Email 1: \_\_\_\_\_ Email 2: \_\_\_\_\_

### Dues and SnoPark Information

Check Membership Level: \$20 Individual \_\_\_\_\_ \$35 Household \_\_\_\_\_ Amount \$ \_\_\_\_\_

SnoPark Permit – Vehicle License Required for Permit: \_\_\_\_\_ \$50 SnoPark Fee \$ \_\_\_\_\_  
Vehicle License

Optional Donation – we are a 501(c)3 \$ \_\_\_\_\_

Total membership + SnoPark + Optional \$ \_\_\_\_\_

### Please read this agreement carefully before signing and dating:

In signing and submitting this form, I recognize that cross-country skiing involves strenuous activities, is potentially hazardous, and involves inherent risk. I knowingly and voluntarily assume all responsibility and risk for my actions and my family's actions while cross-country skiing, during travel related to Nooksack Nordic Ski Club (NNSC) activities, and during use of facilities and equipment. This includes, but is not limited to falls, collisions, effects of weather, conditions of equipment and trails and other areas while skiing or participating in NNSC activities. I hereby for myself, my heirs, administrators, or anyone else who may bring claims on my or my family members' behalf, covenant not to sue, release and discharge the NNSC, its Board and Committee members, and all related organizations or individuals, from any and all claims of liability for death, personal injury, or property damage arising from my or my family members' participation in NNSC activities.

Name \_\_\_\_\_ (Print \_\_\_\_\_ please):

Signature: \_\_\_\_\_

Other family member(s): \_\_\_\_\_

Other signatures: \_\_\_\_\_

Date: \_\_\_\_\_

I would like to receive Snow News is Good News newsletter by: Email: \_\_\_\_\_ U.S. mail: \_\_\_\_\_

### Select Club Tasks you could help with:

- Serve on NNSC Board \_\_\_\_\_ Clear brush from trails \_\_\_\_\_ Find speakers/programs \_\_\_\_\_ Put up trail signs and sanican base \_\_\_\_\_
- Help with Ambassador Days \_\_\_\_\_ Write an article for "Snow News" \_\_\_\_\_
- Audit NNSC financial records \_\_\_\_\_ Write a grant, or, fundraising \_\_\_\_\_
- Lead a ski trip \_\_\_\_\_

Please make checks out to: Nooksack Nordic Ski Club and mail with this form to:  
Nooksack Nordic Ski Club, P.O. Box 28793, Bellingham, WA 98228

Deposit Date
Sno Park #