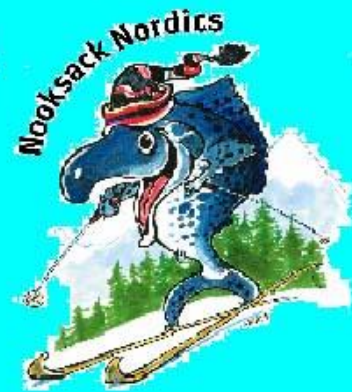


Snow News IS Good News

Newsletter of the Nooksack Nordic Ski Club

P.O. Box 28793, Bellingham, WA 98228
Website: www.Nooksacknordicskiclub.org



Board Members

President

Debra Jusak 201-8624

Vice President

Dave Gerstenberger
255-0749

Secretary

Allan Richardson 733-5477

Program Coordinator

Connie Cogburn 305-5435

Greg Aanes 389-2719

Joe Nolting 656-6995

John Sarich 380-4426

Gail Garman 371-3554

Other Volunteers

Treasurer

Lynne Oliver 592-9005

Trip Coordinator

Kurt Duey 820-4174

Salmon Ridge Coordinators

Kurt Duey 820-4174

Gail Garman 371-3554

Jim Rhodes 734-8246

Membership & New Member Coordinator

Jim Rhodes 734-8246

Publicity & Hospitality Chair

Sharon Robinson Holmes
647-8606

Newsletter Editor

Lynn Alderson 223-5859

Webmaster

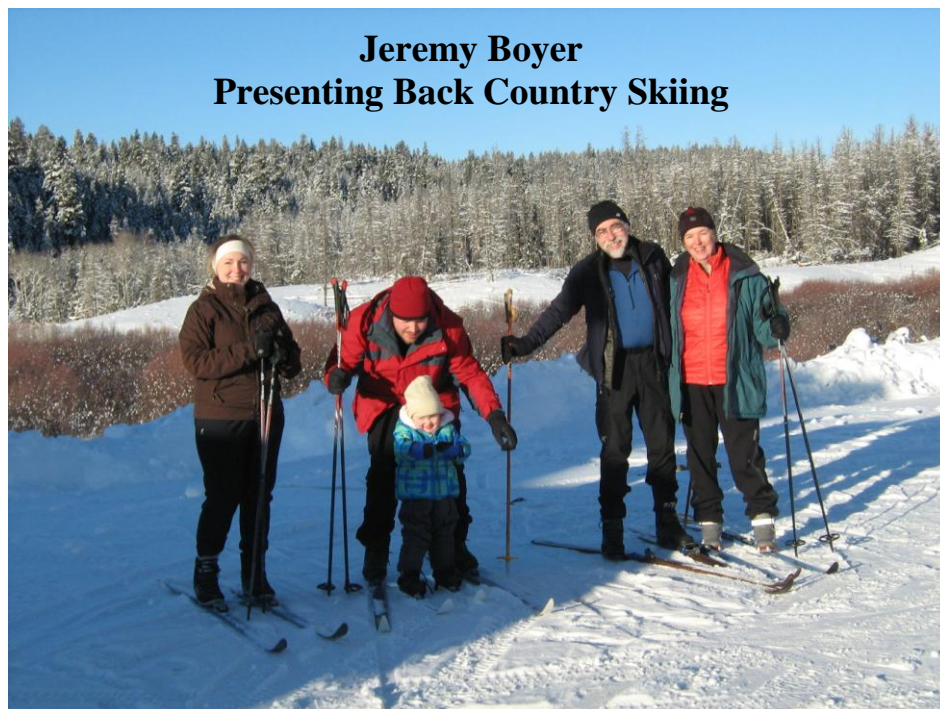
Jackson Thomas 661-3095

Day Trip Coordinator

Don Hicks 733-4815

March 2013

Jeremy Boyer Presenting Back Country Skiing



Club Meeting

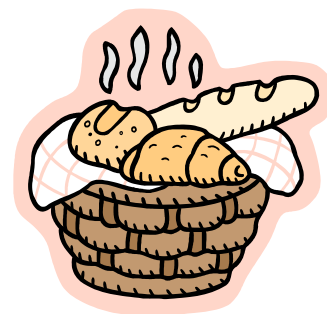
When – Thursday, March 7

New member orientation is at 6:30;
Meeting starts at 7:00.

Who - Anyone is welcome!

Where – Whatcom Educational Bldg's
Community Room at 511 E Holly in
Bellingham. Building is on the right
(north) side of the street at the corner of
High St and Holly St. It is a one-story
building with parking.

Potluck Begins At 6:30 PM



Visit Our Website for the Latest Information: www.nooksacknordicskiclub.org



PLEASE PAY YOUR MEMBERSHIP DUES

FOR SALE

Kurt Duey has a reconditioned Nordic track that he would sell to any member for \$15. This is an excellent aerobic machine, which will help get you ready for the snow.

Kurt Duey 820-4174
Kurt.duey@comcast.net



2013 OFFICERS ELECTED

The Board of Directors of NNSC elected the club officers for the coming year at its meeting on January 28. We were very fortunate that all three of the existing officers agreed to continue in their jobs for another year, and they were all unanimously re-elected. Deb Jusak will be the President for the coming year, Dave Gerstenberger will be the Vice President and Allan Richardson will be the Secretary.

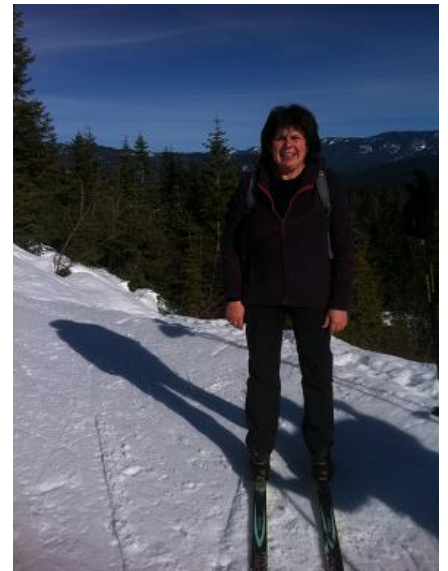
The board also started working to fill all the various important jobs that keep the club running during the year. Lynne Oliver will continue as the Treasurer. Jim Rhodes is the membership chairman. Gail Garman will continue as Salmon Ridge coordinator. Gail and Dave Gerstenberger will work together on the grant applications for the year. Connie Cogburn will take over the responsibility of scheduling programs at the club meetings.

One of the responsibilities of the Salmon Ridge coordinator has been to work with the groomers to schedule the grooming work, resolve the many problems that come up and let everyone know what is happening. Since this is a big, time-consuming responsibility it was decided to make this a separate job. Joe Nolting has volunteered for this assignment and will be recruiting other people to work with him. Several other jobs have not yet been finalized and we may be asking for more volunteers in the near future.

John Sarich

NOOKSACK NORDICS JOURNEY TO LAKE WENATCHEE

Trip leader, Lynn Alderson, rented the Farmhouse in Plain, WA. The Farmhouse is a four-bedroom house about seven miles from Lake Wenatchee, with privacy and a well-stocked kitchen. This is the second year Lynn has led this trip and the logistics went smoothly, with no problems. The five members who went this year was; Lynn Alderson, Debra Jusak, Lynn Oliver, Elizabeth Martindale and myself, Kurt Duey.



Debra Jusak on Lower Nason Ridge Trail at Lake Wenatchee

A three-hour journey, through Everett, and over Stevens Pass found me at the Sno-Park in Lake Wenatchee State Park. Lake Wenatchee South had a lot of needles and small sticks in the trails, so I went to Lake Wenatchee North, where the trails were clearer of debris. The snow was freezing at night and melting during the day, less than ideal conditions but skiable. The trail along the north

lakeshore was sunny and pleasant and the trail back in the trees was colder with better snow. This trail has a horrible hill and would be a great trail if not for it. I went down the hill on track skis the first time and got my backcountry skis to see if there was a better way down, (there wasn't). There was about a foot of snow on the trail and it was being groomed about three times a week.

I rendezvoused with the other members at the Farmhouse for a hot shower and delicious home cooked meal. Some members had gone to the Steven's Pass Nordic Center to ski Friday and reported similar snow conditions.

Saturday I headed toward a trail that was supposed to take me to Nason Ridge. It was off of highway two and started as a forest Service Rd., used by snowmobiles. It was fairly rough and icy in the morning and as I climbed up it I explored branch roads that I hoped would join to the Nason Ridge system. I had been climbing for several hours when I met three local snowmobilers, who told me that this road went up the mountain to a communication tower about another mile up the road. The trailhead to Nason Ridge was earlier, under the power lines. I had my lunch and went up a little farther to where I could see off to the north-east. There was Nason Ridge down below me. I had obviously missed the trailhead and taken another one. I made the best of it and practiced my step-turns going back down the mountain. A step-turn is a good alternative to the snow-plow and is an excellent chance to practice stepping onto your other ski and pointing off in another direction.

I never miss an opportunity to practice improving my turns, (they need it). Debra and Lynne O. had tried to ski Nason Ridge also, with better success. The official map is inaccurate and they were led on a merry trip, looking for intersections that didn't exist.

The next day Debra and I went to the unmarked trailhead under the power lines to Nason Ridge and made another attempt to ski this elusive trail. After 1.6 kilometers of ungroomed snow with detours around washouts on the road, we came to the groomed trails. With our collective experience we were able to find the correct trail, (no thanks to the map or signage on the trail). 5.9 gentle kilometers got us up to the Ridge. The scenery was great but the weather had been getting cloudy and windy all day. On the Ridge it was particularly bad. We continued along the Ridge, until time and energy dictated that we turn back the way we had come and not complete the loop. I promised Debra that we would come back next year and try again.

Kurt Duey

NICKEL PLATE SKI TRIP MARCH 7 – 9, 2013

Cost: \$168 USD.

There are 50 km of groomed Track set Trails and 20 km of backcountry trails behind Apex Mountain. To see their web site, go to [Nickelplate Nordic](#). This is, in my opinion, one of the better Nordic trail systems in B.C with a very active club that keeps the facilities in top condition. This site has the longest ski season

with its high elevation. I also recommend that members may elect to Ski China Ridge above Princeton, with 40 kilometers of trails, on the way to Nickelplate, this is another possibility for members who prefer the quiet beauty of the B.C. mountains. It is tracked but not groomed as well as Nickelplate. It has several warming huts and a backcountry cabin as well. To see their web site click on [Chinaridge Trails](#). It is 176 miles to the Apex Mountain Resort, where our lodging will be located. Carpooling is encouraged.

Coordinator: Greg Aanes
gregaanes@yahoo.com



Lynne Oliver and Lynn Alderson Enjoying the Sunshine on Lower Nason Ridge Trail

UPCOMING MEETINGS

Next seasons meeting is

September 19

Nooksack Nordic Ski Club Membership Application and Sno~Park Order Form

Use this form to purchase Sno~Park permits, or to join the club or to renew your membership.

NAME: _____

ADDRESS: _____
Street/PO Box City State Zip

PHONE 1: _____ (Home, Cell, Work) PHONE 2: _____ (H, C, W)

EMAIL 1: _____ EMAIL 2: _____

(Please check the appropriate items)

NNSC MEMBERSHIP DUES: \$30 per individual _____ \$45 per household _____

Student \$15 _____ Sno~Park permit*: \$40 _____ Total amount: _____

*Vehicle License _____

Please read this agreement carefully before signing and dating:

In signing and submitting this form, I recognize that cross-country skiing involves strenuous activities, is potentially hazardous, and involves inherent risk. I knowingly and voluntarily assume all responsibility and risk for my actions and my family's actions while cross-country skiing, during travel related to Nooksack Nordic Ski Club (NNSC) activities, and during use of facilities and equipment. This includes, but is not limited to falls, collisions, effects of weather, conditions of equipment and trails and other areas while skiing or participating in NNSC activities. I hereby for myself, my heirs, administrators, or anyone else who may bring claims on my or my family members' behalf, covenant not to sue, release and discharge the NNSC, its Board and Committee members, and all related organizations or individuals, from any and all claims of liability for death, personal injury, or property damage arising from my or my family members' participation in NNSC activities.

Name (Print please): _____

Signature: _____

Other family member(s): _____

Other signatures: _____

Date: _____

Please distribute my contact information to the membership. We omit street address from the distribution list, showing only city, phone and email address(es), (Please note, if you decline to be listed, then you won't get the list, either)

Yes _____ No _____

Please check preferred alternative for receipt of Snow News is Good News newsletter:

Email: _____ U.S. mail: _____ or NNSC website: _____

Please make checks out to: Nooksack Nordic Ski Club and mail with this form to:
Nooksack Nordic Ski Club, P.O. Box 28793, Bellingham, WA 98228