

Volunteer Waiver NNSC – Updated for Covid-19

Nooksack Nordic Ski Club (NNSC) is doing everything we can to facilitate a safe return to trail activities and to protect the safety and health of the public as well as our volunteers. To this end we will be following guidance from the Center for Disease Control (CDC) as well as local health department guidelines with regards to enhanced safety protocols and social distancing. Details on those protocols are included below.

All volunteers considered at higher risk should make their own decisions regarding whether or not to participate and are encouraged to bring and use their own Personal Protective Equipment (PPE) if available. According to current guidelines, vulnerable populations include: individuals with serious underlying health conditions, including high blood pressure, chronic lung disease, diabetes mellitus, obesity, asthma, and those whose immune system is compromised, such as by chemotherapy for cancer and other conditions requiring such therapy.

BY SIGNING THIS FORM YOU ARE RELEASING NOOKSACK NORDIC SKI CLUB (NNSC) AND LAND MANAGERS FROM ANY AND ALL LIABILITY IN THE EVENT YOU ARE INJURED OR KILLED WHILE PARTICIPATING IN ANY PROJECT SPONSORED BY NNSC, AS WELL AS FOR ANY POTENTIAL EXPOSURE TO AN ILLNESS OR DISEASE, INCLUDING , BUT NOT LIMITED TO, NOVEL CORONAVIRUS OR COVID-19 AND LYME DISEASE OR ILLNESS CAUSED BY TICKS.

I wish to participate in projects sponsored by Nooksack Nordic Ski Club (NNSC) and I hereby acknowledge that said organization is doing everything they can to protect the public as well as myself as a volunteer. To this extent I agree to follow NNSC's procedures for social distancing and enhanced safety protocols to reduce the spread of COVID-19. By signing below, I agree to comply with the written instructions included below. Failure to comply with these written instructions or verbal instructions from staff may result in my volunteer privileges being removed and I may be asked to leave the premises.

I am also aware that projects sponsored by NNSC involve the construction and maintenance of trails, and that participation in these projects poses certain dangers, including, but not limited to, the hazards of traveling in and hiking in wilderness and often steep mountainous terrain, using hand or motorized construction tools (and of working in the proximity of such tools when used by others), injury or illness in remote places without medical aid, lifting and working on often narrow and precipitous trails and unforeseen events caused by the forces of nature.

In consideration for permitting me to participate in projects sponsored by NNSC, I, for my family, my estate, heirs and assigns, and myself, hereby waive any right of recovery and any claims of liability or damages against NNSC, its officers, volunteers, and agents, including, but not limited to, claims for bodily injury including death, illness, personal injury, and/or damage to property, and release NNSC, its officers, volunteers, and agents such claims and any claims made by others for personal injury or property damage allegedly caused by me. Further, I will defend, indemnify, and hold NNSC harmless from any loss or damages resulting from, or arising in connection, with my involvement in NNSC projects pursuant to the foregoing waiver and release. This Release and Indemnity Agreement is a contract and not a mere recital and it shall remain in effect for all projects sponsored by NNSC. The undersigned gives his/her permission to be photographed/filmed and have his/her image used by NNSC and their partner agencies, without royalty or compensation.

I HAVE READ THIS RELEASE AND INDEMNITY AGREE

Printed Name: _____

Signature: _____

Date: _____

WTA COVID-19 Trail Work Enhanced Safety Protocols

Note: Because the COVID-19 situation is, constantly evolving this document will be updated and/or revised as necessary. This version was updated August 31, 2020.

- Pre-screening of participants – All participants will be asked a set of health screen questions based on the latest CDC Guidance prior to participating in any activities. You will be required to take your temperature before coming to any NNSC sponsored events or projects. Any participant that answers “Yes” to any of the following will not be allowed to participate:
 - Are you experiencing any of the following symptoms: Cough, shortness of breath or difficulty breathing?
 - Are you experiencing at least two of the following symptoms: Fever, chills, repeated shaking with chills, muscle pain, headache, sore throat, or new loss of smell or taste?
 - Is anyone in your household suspected or diagnosed with COVID-19?
- Face coverings – All participants must bring/wear their own clean cloth or disposable face coverings. Coverings must be worn when within at least 6 feet of other volunteers.
- Social distancing – All participants must maintain at least 6 feet of space between individuals at all times. Volunteers will be assigned specific tasks and locations on the trail to facilitate and maintain safe distances while working.
- Set-up, cleaning and disinfecting guidance for equipment – Participants will not be allowed to share tools during events. All participants should bring and use their own tools or borrow tools from NNSC for the entire day. At the end of the day, all borrowed tools will be rinsed with water (to remove soil/dirt) and wiped down with disinfectant spray.
- General public passing distance – NNSC snowshoe trails are not normally used by the public during summer months. Trail maintenance crews will step off the trail into the woods to allow any hikers to pass while maintaining at least 6 feet of distance.
- Handwashing stations – All volunteers will be responsible for bringing their own hand washing items. While on the trail, NNSC crew leaders will carry and make hand sanitizer available for/or allow participants to return to their own vehicle to wash their hands.
- Emergency response – Any individuals injured on the trail will be treated based on potential close contact and risk of exposure to response staff. All suggested PPE will be observed during field emergency response to pre-screened NNSC group leaders and volunteers, minimizing contact and risk of virus exposure. If further qualified medical assistance is needed, - NNSC group leader will contact the appropriate emergency medical services as soon as possible.
- Sign-in and safety orientation – All participants must sign a waiver form prior to the event which outlines the risks of coronavirus, the steps being taken by NNSC to protect staff and volunteers, and, the safe behavior expected of them on the trail. All participants will complete the Check-In Form and receive an orientation to the safety protocols the morning of the event. Any participant who does not follow the required safety guidance will be asked to leave.