

Stake & Logan Lakes & Kane Valley Two Trips!!

4 days of skiing, 3 nights each:

(1) New Years Holiday coordinated by Kurt Duey

nights of: Dec. 29, 30, 31, 2011

(travel and ski on Dec. 29, Jan. 1)

(2) Presidents Day Holiday coordinated by Don Hicks

nights of: Feb. 17, 18, 19, 2012

(travel and ski on Feb. 17, Feb. 20)

Cost \$248 USD per person per trip

Including meals!

This high altitude ski destination offers three different settings to ski in. It is less than five hours from Bellingham on good well-maintained roads. We will be staying at the fabulous Highland House B&B in Logan Lake, BC. This place is really nice! The cost includes meals (hardy breakfasts with many choices, sack trail lunches, substantial dinners, special dietary needs accommodated). Maximum of ten or eleven people. Full refund until 30 days before the trip.

Accommodations

Former guest house for Highland Valley Copper Mine, now a Bed and Breakfast, offering 5 luxury bedrooms with private full bathrooms, TVs, etc.. Four rooms with two beds (kings or queen and twins), one room with king bed and an adjoining large fully furnished sun room with day bed, as well as a spacious living room and dining area with large fireplace, big screen TV, and internet access, all with views of the 25 acre creek-front property (moose commonly seen). All your food requirements (3 breakfasts, 2 lunches, and 2 dinners) are included in the cost. The outdoor hot tub and setting are as outstanding as the rest of the B&B. On the web go to: <http://www.highlandhouse.ca>.

Skiing Information

Kane Valley, at 1160 meters (base), has 50 kilometers of classic and ungroomed trails and is about 15 min. east of Merritt on highway (5A). Look for cross-country ski signs. The road to Kane Valley is on your right. There are maps of ski trails located at the main parking area (P3). Trail fees are \$7 donation. On the web go to <http://www.sonotek.com/kanevly1.html> for trail map and information. About 1 hr. from our B&B.

Stake Lake, at 1315 meters (base) and 1410 (high point), has 60 kilometers of skate and classic track and is about 30 min. north of Merritt on the Coquihalla highway (5). Look for cross-country ski signs, plus the sign for Lac Le Jeune, exit #336. Exit to the right, follow the road north until you see the cross-country signs, about five min. from the Coquihalla. This ski area is well groomed and all trails are clearly marked. This is an excellent area for beginners. Trail fee is \$13. It features a large warming hut. This is the best of the three areas for skate skiing. On the web go to <http://overlanderskiclub.com/> for trail map and information. About 20 min. from our B&B.

Logan Lake, at 1180 meters (base), has 36 kilometers of skate and classic track and is about 45 min. from Merritt via the Coquihalla (5). Exit at Lac Le Jeune #336 then go west for 15 min. to the town of Logan Lake. Trail fee is \$7. They have 2k of night-lit groomed trails. On the web go to <http://www.loganlake.com/> for trail map and information. About 5 min. from our B&B.

Where to ski on which days?

From the driving stand point it would make more sense to ski Kane Valley on the first day on the way up and/or the last day on the way back. Beyond that your decision depends on the type of skiing you would like to do. Stake is the best for tracked and skate skiing, while Kane and Logan offer more of a wilderness type of skiing. All three areas are unique and enjoyable. Stake Lake is continually groomed and tracked. If conditions are icy, you would probably have an easier time of it at this location. Kane is the lowest elevation and least groomed but very scenic and has more wildlife. Logan has been my favorite because it is less crowded and still has the higher elevation and better snow also found at Stake. All are maintained by XC-ski clubs.

Directions & Driving Times

B'ham to Sumas border crossing, 45 min..

Sumas to Hope 50 min. via Canada Highway (1). Blue Moose Coffee House & Cafe at 322 Wallace St. has Hope's other eateries beat. Go to <http://bluemoosecafe.com> for map and menu.

Hope to Merritt 1.5 to 2 hrs. via the Coquihalla Highway (5).

Take exit #286 to (5A) east and stop at the Tourist info. Center. Restrooms, information, snacks and tourist stuff are available.

Info. Center to Kane Valley 15 Min. via Highway (5A) east. Look for Kane Valley Road on the right.

Info. Center to Highland House 55 min. via the Coquihalla (5). Exit at Lac Le Jeune #336. Turn left & proceed to Logan Lake. Continue thru Logan Lake on Meadow Creek Rd. to the Junction at (97C). Turn right at the flashing light onto Tunkwa Lake Rd. At 1.6 km. turn left into the Highland House driveway.

Carpool

We will have people looking for rides. Carpooling is encouraged. The trip coordinator will attempt to find rides for everyone. Departure time is up to individual cars. If you leave Bellingham by 8:00am you should be ready to ski at Kane Valley by 12:30.

Deposit

To hold a space on these trips send a check for the full amount made out to NNSC to the trip coordinator. Checks will be held and not cashed until the trip is complete.

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