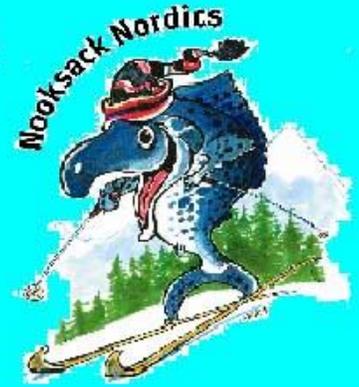


Snow News IS Good News

Newsletter of the Nooksack Nordic Ski Club

P.O. Box 28793, Bellingham, WA 98228
Website: www.Nooksacknordicskiclub.org



Board Members

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Vice President

Debra Jusak 201-8624

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Joe Nolting 656-6995

Treasurer

Lynne Oliver 592-9005

Program Coordinator

John Sarich 380-4426

Trip Coordinator

Kurt Duey 820-4174

Gail Garman 371-3554

Pete Tyron 922-7065

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Salmon Ridge Coordinators

Gail Garman 371-3554

Jim Rhodes 734-8246

Membership

Jim Rhodes 734-8246

Publicity & Hospitality Chair

Sharon Robinson Holmes
647-8606

Newsletter Editor

Lynn Alderson
509-885-6342

Webmaster

Pete Tryon
ski@tryonhayes.com

Day Trip Coordinator

Don Hicks 733-4815

Grooming Coordinators

Joe Nolting 656-6995

Peter Tryon 992-7065

January 2015



AVALANCHE AWARENESS by Patrick Kennedy

Club Meeting

When – Thursday, January 8th

New member orientation is at 7:15
PM; Meeting starts at 7:30 PM.

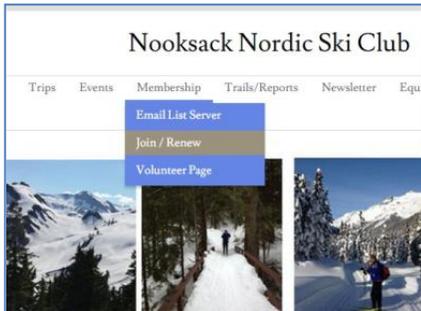
Who - Anyone is welcome!

Where – Garden Street Methodist
Church at 1326 N. Garden St. in
Bellingham, WA

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JOIN / RENEW YOUR MEMBERSHIP ON THE WEB

Sitting at your computer checking out the latest snow reports? While you are there, click on the NNSC web page (www.nooksacknordicskiclub.org/) and renew your membership!



From the **Membership** tab, select **Join / Renew**. Look for the link to the **Online Membership Form** and fill in all of the pertinent information. Note that many of the fields are mandatory – it won't let you finish without filling in entries. If you are buying a SnoPark permit, don't forget to enter your vehicle's license plate number.

A screenshot of the NNSC Online Membership Form. At the top, it says 'NOOKSACK NORDIC SKI CLUB' and 'P.O. Box 28793, Bellingham, WA 98228'. Below that is a small logo of a skier. The form title is 'NNSC Online Membership Form'. There is a note: 'If you would rather print a form and mail it in, click on <http://www.nooksacknordicskiclub.org/apply.php>'. There are three input fields: 'First Name *', 'Last Name *', and 'Street Address *'. A red asterisk indicates that these fields are required.

After you click '**Submit**' you will be shown a link to the **Online Membership Payment**. This page will allow you to pay your fees with your credit card

through PayPal. While this is new for our club, the system is thoroughly tested and a secure method of payment. An email

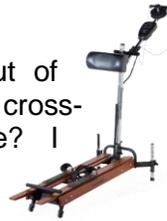
will be sent to you confirming the receipt of your payment within a day or two of submission.

We hope that you find this method convenient, but remember, we're just as happy to see your renewal if you fill out the form at the back of this newsletter (and on the website) and mail it in with your check!

Pete Tryon

FOR SALE

Feeling a little out of shape for the cross-country experience? I have an extra Nordic Track ski machine that I would be happy to sell to anyone who wants to get ready to ski. Currently I am in Southern Chile but if you contact me by email I can arrange for its sale for \$25.



Kurt Duey

AVALANCHE AWARENESS

Presented by Patrick Kennedy. This session introduces and explains where and why avalanches occur and provides a basic approach to managing risk in the backcountry. Learn to access local avalanche bulletins and weather reports, recognize basic signs of avalanche danger, and learn simple ways to help avoid avalanche danger.

Patrick is with REI in Bellingham.

The meeting will be Thursday, January 8 at the Garden Street Methodist Church with the talk starting at 7:30.

John Sarich

BUY YOUR SNO-PARK PERMIT!

Be sure to buy a Sno-Park permit! You'll need one to park at the Salmon Ridge Sno-Park, or across the highway at the Anderson Creek or Silver Fir campground, between Nov 1st to April 30th. You can purchase them through NNSC, REI, Backcountry Essentials, or at Crossroads Grocery in Maple Falls. Or purchase them on-line at: <http://www.parks.wa.gov/winter/nonmotorparks/permits/>. They are \$40 for a seasonal permit or \$20 for a one day permit, plus \$2 extra if you buy them through a retail store.

By buying a Sno-Park permit, you are supporting your community trails and ski club. Sno-Park fees go into a dedicated fund which supports the WA State non-motorized Winter Recreation program. This program is totally self sustaining (no tax payer money used). Proceeds are used to maintain and improve the 47 Sno-Park facilities throughout WA. They pay for plowing out the Sno-Park, sanitation facilities, trail grooming and signs, mapping, education, enforcement and program administration. Don't forget, the USFS received a Sno-Park grant to step up enforcement and education, so don't get caught without one; the fine is steep!

When you go, we want your feedback. Please send your Nordic ski and snowshoe conditions reports to Pete Tryon at ski@tryonhayes.com so we can post them on the NNSC website to share with others. You can also give feedback on the condition of a Sno-Park directly to the WA State Parks and Recreation Commission, by

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picking up a form at the trailhead or on-line at: <http://www.parks.wa.gov/FormCenter/Winter-Recreation-9/SnoPark-Onsite-Evaluation-Form-68> .

Gail Garman

BOARD ACCOMPLISHMENTS

Your NNSC board has been busy and diligent in the interest of your club and Nordic skiing this past several months, including throughout the dormant Apr - Sept time period.

Significant accomplishments include:

- Official non-profit 501(c)3 status
- Receipt of \$5000 grant from REI
- Installation of Jerry Bourne snow shoe route
- Inclusion of Ridge Rd and connector to White Salmon Rd in our USFS use agreement
- Installation of gates on Cougar Loop to minimize vehicle damage
- On-line membership registration and payment up and running
- Board member managing web site content
- Ongoing investigation on connecting White Salmon and Razor Hone Roads
- Successful grant writing, resulting in continuing Sno-

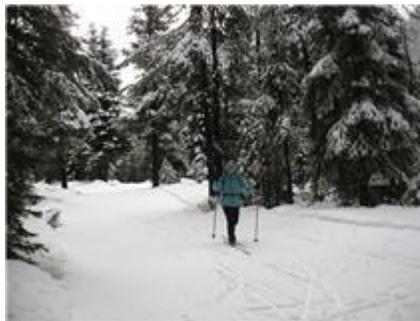
Park and NRTP funding

- Stable club finances
- Ongoing publicity via various venues

All 8 of your board members, plus others such as Lynn Alderson publishing Snow News, Don Hicks maintaining Google Groups, Sharon Holmes doing a huge publicity job, and Dave Gertstenberger writing the Sno-Park grant, are actively involved in keeping everything functioning and making improvements.

A couple of the existing board members will be off the board because they've served a maximum of 2 each 2 year terms in January per our by-laws. If somebody phones or knocks on your door asking you to join the board near year end, please consider it an honor to be asked to join a high performance team and say "yes".

Jim Rhodes



Cathy Cameron at Manning Park in 2012

MANNING PARK

**Martin Luther King Weekend
January 16th – 19th, 2015**

Ski pass prices for winter 2015 are not posted yet, but last year Nordic day passes were:

- Adult: \$20; from 12:30 to 4:30: \$15
- 65 and over \$12; from 12:30 to 4:30: \$9

Last year grooming was excellent. Ski 4 days (stay 3 nights). Features include groomed trails, snowshoe trails, hot tub, sauna, steam room, and swimming pool.

This is always a great trip. Chalet members plan the meals for their group and we share the cost of the food. We will have three dinners and three breakfasts. Bring your own food for lunch. Alcohol is not included in the food costs. This trip provides a great opportunity for group camaraderie as there are 5 to 6 people in each bedroom and 10 or 11 of us sharing meals that we have taken turns to prepare.

We stay in 1 chalet. The chalet has 2 Bedrooms and a central living room. Each room has 1 double bed, 4 bunk beds (8 twin size beds), a bathroom with tub and shower. There is also a third full bath for everyone's use, a full central kitchen and dining/social area. Bedding and linens are supplied with BASIC dishes and cutlery, a small microwave, a coffee pot and some cooking utensils. Washing dishes is our responsibility.

Lodge phone 800-330-3321 and website www.manningpark.com

Carpooling is preferable. We can work together setting up carpools.

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The cost per person is \$169. This is based on the 9/26/14 exchange rate. If the CDN dollar changes then the cost per person will change accordingly.

To hold a space on this trip send a check for the full amount (made out to NNSC) to the trip coordinator. Spaces are assigned based on payment date. Elizabeth will be at the October, November, and December meetings to accept deposits or they can be mailed to her.

Trip Coordinator: Elizabeth Martindale, 103 Morey Avenue, Bellingham, WA 98225. Email emartindale@comcast.net or phone 360-393-4732

You must be a member to go on this trip.

WENATCHEE LAKE AREA Jan 30th – Feb 2nd, 2015

This area offers 7 different skiing locations within 16 miles of where we are staying. Accommodations are in Plain WA at Beaver Valley Lodge. Stay is for 3 nights and 4 days of skiing. More information about the lodge is available at: beavervalleylodge.com

The Wenatchee River bisects Lake Wenatchee State Park, thus creating the South Park and North park. The South Park has 18.6 miles and the North Park has 3.1 miles of groomed trails. Skate skiing is available in the North Park. South Park also offers tubing and a snow play area. There are 4.9 miles of snow shoeing trails. Another location is Nason Ridge that offers tracks and a skate lane. Additionally the trail leads to back country skiing for the more adventuresome. Total trail

length is 17.9 miles of which 12 miles are groomed. Nearby is Chiwawa with the See and Ski trail groomed for track and skate skiing for 4 miles. Flying loop and Squirrel Run are 2.9 and 2.5 miles, respectively.

A Sno Park Permit is required and also a Special Groomed Trails Permit sticker. Drivers are responsible for the Sno Park Permit. Riders will share the cost of the Special Permit. Special permit stays with the driver after the trip is completed.

Meals will be planned and members will share the cost of the food. There will be 3 dinners and 3 breakfasts. Bring your own food for lunch. Alcohol is not included in the food costs.

Cost is \$200 USD per person for lodging. Make checks payable to NNSC for the full amount and mail to the trip coordinator.

Trip Coordinator: Lynn Alderson, 3310 Burch Mountain Rd, Wenatchee, WA 98801. Phone 509-885-6342 or email lalder3122@yahoo.com

You must be a member to go on this trip.

SKI THE METHOW February 9th – 12th, 2015

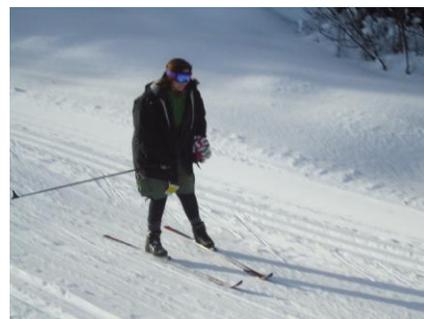
Join us as we enjoy North America's largest cross-country ski area, the Methow Trails system surrounding Winthrop, Washington. With 200 kilometers of trails, outstanding grooming and a wide variety of terrain, the Methow is undoubtedly the premier Nordic ski destination in Washington.

This will be a midweek trip in February, for those who have the flexibility to ski mid-week and want to enjoy the uncrowded trails and facilities. We will be leaving on Monday, Feb 9 and returning on Thursday, Feb. 12.

We will be staying at the Cascade Inn in Winthrop. The cost for lodging will be approximately \$195 per room.

To sign up for this great trip or for more information, contact John Sarich at djsarich@gmail.com or phone 360-380-4426. I can work with you to try to set up car-pooling and room-mates if needed.

For more information on this great area, check out www.methowtrails.org



Dawn Groves at Sun Peaks

STAKE & LOGAN LAKES & KANE VALLEY February 13th – 16th, 2015

This high altitude destination is less than 5 hours from Bellingham on good well-maintained roads. We will stay at the fabulous Highland House B&B in Logan Lake, BC. offering 5 luxury bedrooms with 2 beds and private full bathrooms. This place is really nice! The cost includes meals (hearty

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breakfasts with many choices, sack lunches, substantial dinners, accommodation of special dietary needs). The outdoor hot tub and setting are as outstanding as the rest of the B&B. Their web site is: <http://www.highlandhouse.ca>.

For several years club members have enjoyed great skiing because of the 3 xc-ski areas to choose from: ultra-groomed Stake Lake, semi-groomed Logan Lake, and seldom groomed Kane Valley. 5 min. from our B&B, Logan Lake at 1180 meters has 36 km of skate and classic track. Trail fee is \$7. They have 2 km of night-lit groomed trails. Web site: <http://www.loganlake.com/>.

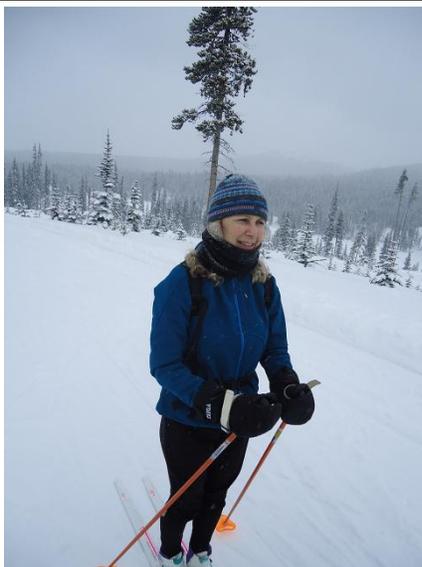
20 min. from our B&B, Stake Lake at 1315 meters has 60 km of skate and classic track. Trail fee is \$15. It features a large warming hut. Web site: <http://overlanderskiclub.com/>.

1 hr. from our B&B, Kane Valley at 1160 meters has 50 km of classic and un-groomed trails. Trail fee is \$7. It can be skied on the way up and/or back. Web site: <http://www.nicolanordic.ca/>. All 3 are unique and enjoyable.

Ski 4 days and stay 3 nights for \$256 USD per person including meals.

You must be a member to go on this trip.

Trip Coordinator: Kurt Duey, 2631 Sunset Dr., B'ham, 98225, Phone 360-820-4174 or email kurt.duey@comcast.net



Pamela Spencer at Nickleplate

NICKLEPLATE / CHINA RIDGE

Feb 27 – Mar 2, 2015

This is a great trip. Our first ski stop at China Ridge has stunning views and great runs. Our primary destination, NicklePlate (above Apex Ski Resort), is noted for its grandeur, scope, and the variety of beautifully groomed XC, skating and snowshoe trails. The Sandman Hotel boasts all the amenities and is walking distance from Starbucks, Tim Horton's, etc. The hotel has a lounge as well as a spacious lobby. This is a wonderful opportunity to ski world class runs in comfort and style.

Cost is \$141 USD per person. Based on 8 adults and exchange rate at time of trip. Hotel reservation and payment is on your own. Sandman Hotel phone number 250-493-7151 or (800) SANDMAN and quote Group #235665. Must reserve before Feb 1 to get the group rate! NicklePlate Trail fee: \$20 each day, China Ridge Trail fee:

\$15. Meal charges are on your own, however we do have a kitchen room available if you'd like to fix your own food.

Trip Coordinator: Dawn Groves Contact dawn@dawngroves.com after you've booked your hotel reservations. You'll pay for everything directly and you'll need to arrange your own carpooling. Dawn will keep the group posted on updates and developments. ☺

UPCOMING MEETINGS

Monthly meetings are the first Thursday, 7:30 -9 PM

January 8
February 5
March 5



Nooksack Nordic Ski Club Membership Application and Sno~Park Order Form

Use this form to purchase Sno~Park permits, or to join the club or to renew your membership.

NAME: _____

ADDRESS: _____
Street/PO Box City State Zip

PHONE 1: _____ (Home, Cell, Work) PHONE 2: _____ (H, C, W)

EMAIL 1: _____ EMAIL 2: _____

(Please check the appropriate items)

NNSC MEMBERSHIP DUES: \$30 per individual _____ \$45 per household _____

Student \$15 _____ Sno~Park permit*: \$40 _____ Total amount: _____

*Vehicle License _____

Please read this agreement carefully before signing and dating:

In signing and submitting this form, I recognize that cross-country skiing involves strenuous activities, is potentially hazardous, and involves inherent risk. I knowingly and voluntarily assume all responsibility and risk for my actions and my family's actions while cross-country skiing, during travel related to Nooksack Nordic Ski Club (NNSC) activities, and during use of facilities and equipment. This includes, but is not limited to falls, collisions, effects of weather, conditions of equipment and trails and other areas while skiing or participating in NNSC activities. I hereby for myself, my heirs, administrators, or anyone else who may bring claims on my or my family members' behalf, covenant not to sue, release and discharge the NNSC, its Board and Committee members, and all related organizations or individuals, from any and all claims of liability for death, personal injury, or property damage arising from my or my family members' participation in NNSC activities.

Name (Print please): _____

Signature: _____

Other family member(s): _____

Other signatures: _____

Date: _____

Please distribute my contact information to the membership. We omit street address from the distribution list, showing only city, phone and email address(es), (Please note, if you decline to be listed, then you won't get the list, either)

Yes _____ No _____

Please check preferred alternative for receipt of Snow News is Good News newsletter:

Email: _____ U.S. mail: _____ or NNSC website: _____

Please make checks out to: Nooksack Nordic Ski Club and mail with this form to:
Nooksack Nordic Ski Club, P.O. Box 28793, Bellingham, WA 98228

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